



Essential Digestion™ Product Specifications

Essential Digestion is designed to boost depleted enzyme levels in the body, restoring the efficiency of the digestive process and reducing inflammation, the primary source of many degenerative disease symptoms. A cornerstone of the **Burgstiner Wellness Protocol™**, **Essential Digestion** is an acid stable blend of plant based enzymes, herbs and other nutrients that is formulated as a general digestive aid to enhance absorption and assimilation of vital nutrients.

Digestive enzymes are the “sparks of life” that enable us to turn food into energy. From the moment food enters the mouth enzymes begin working to break it down into fuel particles. Enzymes also play a critical and diverse role in cellular metabolism. It is no secret that the foods we eat today are not exactly what our Creator intended. In the name of profit, fruits and vegetables that are grown in nutrient-poor soil are sprayed, processed and preserved for a longer shelf life. Cooking further destroys the natural enzymes present in food, producing a strain on the body’s enzyme reserves. This “enzyme deficit” places a toxic burden on the body that accelerates with age, robbing us of energy and vitality.

Currently it is estimated that 58% of the American population suffers from some type of digestive disorder. Many degenerative health problems (such as allergies, food sensitivities and auto-immune disorders) are thought to begin in the gut with incomplete or inadequate digestion. Taking **Essential Digestion** is a simple and effective way to improve digestion and avoid the problems associated with enzyme depletion.

SUGGESTED USE: Take one (1) capsule before or with meals as a dietary supplement or as prescribed by your health care practitioner.

ESSENTIAL DIGESTION™ is a comprehensive blend of vegetable based enzymes designed to enhance absorption of vital nutrients. It is fortified with ginger, fennel, L-glutamine and Betaine HCL to promote healthy digestion. In addition, prebiotics (FOS) are added to support the growth of beneficial intestinal bacteria and inhibit the growth of harmful bacteria.*

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. This product is manufactured and packaged in a facility which may also process milk, soy, wheat, egg, peanuts, fish and crustacean shellfish.
Heat destroys enzymes! Do not mix in hot beverages or food.

KEEP THIS AND ALL OTHER DIETARY SUPPLEMENTS OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL UNDER BOTTLE CAP IS MISSING OR BROKEN. STORE IN A COOL, DRY PLACE.

*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

We back our products with an **Unconditional Satisfaction Guarantee!**
Questions or Comments - Call 800-556-5530
Or visit our Website: www.logosnutrionals.com
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LOGOS NUTRITIONALS
Essential Digestion™
Digestive Enzymes with Herbs and FOS

BURGSTINER WELLNESS PROTOCOL

60 Veggie Capsules | Dietary Supplement

Supplement Facts
Serving Size: 1 Veggie Capsule
Servings Per Container: 90

| | Amount Per Serving | % Daily Value |
|---|--------------------|---------------|
| Proprietary blend | 259 mg | * |
| Lipase | 625 FCCLU | * |
| Papain (sulfite free) | 1,000,000 FCCPU | * |
| Bromelain | 500,000 FCCPU | * |
| Fibrzyme | 125 MU | * |
| (Hemicellulase, Betagluconase, Phytase) | | * |
| Protease | 2400 HUT | * |
| Amylase | 50 DU | * |
| Ginger Rhizome Extract | | * |
| FOS (Fructooligosaccharides) | | * |
| L-Glutamine | | * |
| Betaine HCl | | * |
| Fennel Seed | | * |

* Daily Value not established.

Other ingredients: Rice bran, vegetable cellulose, and purified water.

This product is free of yeast, corn, wheat, lactose, citrus, milk, egg, soy, gluten, and fish products. No sugar, salt, artificial coloring, flavoring or preservatives added. Ingredients derived from natural sources.

Lot#: _____
Manufacture Date: _____ Best if used by: _____

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The products and the claims made herein have not been evaluated by the FDA and are not intended to diagnose, treat, cure or prevent disease. The information provided is for informational purposes only and is not intended as a substitute for advice from your physician or other health care professional.

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